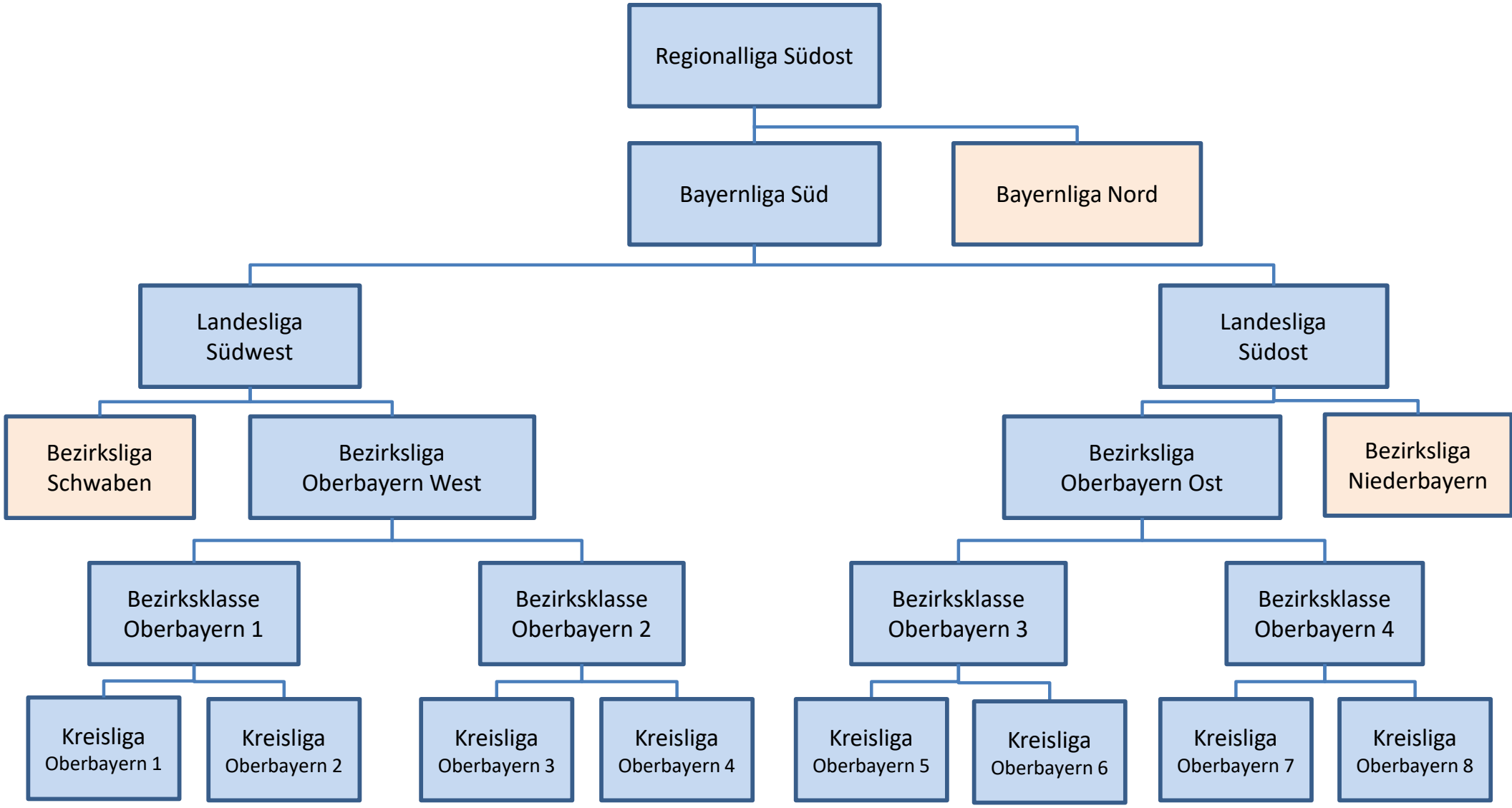Ligastruktur in Oberbayern – Männer 2026